

Clear Liquid Diet

All day throughout the day as instructed.

- Water
- Tea (hot or cold)
- Colas (including Diet Colas): Coke, Sprite, Ginger Ale, etc. (any flavor except red)
- Jell-O (Plain - No fruit added, any flavor except red)
- Popsicles (No red)
- Broth, any flavor

- Apple juice
- Gatorade (no red)
- Black Coffee (no cream added)
- Cranberry juice (*natural red is ok*)
- Grape juice
- Kool-Aid (no red)
- Crystal Light (no red)

HOLD ASPIRIN the day of the scope.

Hold Iron, Fish oil and NSAIDS for 5 days

PLEASE DO NOT EAT, DRINK, SMOKE OR CHEW AFTER YOUR MORNING PREP

HOLD ALL MEDICATIONS FOR WEIGHT LOSS/DIABETES FOR 7 DAYS

GLP1/SEMALUTIDE/TIRZEPATIDE: EXAMPLE: WEGOVY, MOUNJARO, OZEMPIC, BYDUREON, TRULICITY, ZEPBOUND, BYETTA, SAXENDA, VICTOZA, ADLYXIN, RYBELSUS, SOLIQA, XULTOPHY

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