

# TAKING CLENPIQ

## STEPS TO COMPLETE THE PREP

### The Split-Dose Regimen

#### Evening Before

Between 5-9 PM



Drink 40 oz (5 cups) of clear liquids.\*  
Finish liquids over the next 5 hours.

#### Morning of

5 hours before procedure



Drink at least 24 oz (3 cups) of clear liquids.  
Finish liquids 2 hours before your colonoscopy  
or as advised by your doctor.



**Hydration is important and it's part of the prep. Make sure to hydrate before you take the prep, while you're taking the prep, and after the prep.**

**Prep Assistant** Use the prep assistant as a guide for completing your prep.

**TAKE 2 CAPSULES OF THE SIMETHICONE 180 MG ORAL CAPSULE WITH EVENING PREP**

**TAKE 1 CAPSULE OF THE SIMETHICONE 180 MG ORAL CAPSULE WITH MORNING PREP**

***PLEASE DO NOT EAT, DRINK, SMOKE, OR CHEW 3 HOURS PRIOR TO YOUR EXAM!!***

***\*\*PLEASE STOP IRON, OR BLOOD THINNERS 5 DAYS BEFORE!\*\****

***Unless specifically instructed otherwise by your physician, keep taking all of your other regularly prescribed medications including aspirin***

***Someone must be with you to drive you home the day of your procedure.***

▶ Do NOT eat or drink after midnight unless instructed otherwise. ◀

**You will need to arrive at:  
The Medical Center, Greenview Surgery Center,  
or Greenview Hospital**

You have an appointment scheduled for a:

on

**If you experience any complications after 4:30 pm  
please call 270-781-5111 to speak with our on call physician.**

If you have any questions regarding this appointment or need to reschedule,  
please contact our office at your earliest convenience. Thank You!

**Greenview Regional Hospital**

1801 Ashley Circle  
Bowling Green, Kentucky 42104  
270-793-1000

**The Medical Center at Bowling Green**

250 Park Street  
Bowling Green, KY 42101  
(270) 745-1000

**Greenview Surgery Center**

484 Golden, Autumn Way Ste 100  
Bowling Green, KY 42103  
270-938-6500



Department of Gastroenterology  
484 Golden Autumn Way Suite 201  
Bowling Green, KY 42103  
Phone: (270) 781-5111 Fax: (270) 780-0475  
<https://www.gravesgilbert.com/departments/gastroenterology/>

### **Diet Prior to Colonoscopy**

#### **Clear liquids for the rest of the day:**

Tea (Hot or Cold)  
Water  
Colas-Coke, Diet Coke, Sprite, Ginger Ale, etc. Any favor (**NO RED**)  
Bouillon or Clear Broth  
Jell-O Plain, no fruit added and any flavor (NO RED)  
Popsicles (**NO RED**)  
Apple Juice  
Gatorade (**NO RED**)  
Black Coffee – **no creamer added**  
Cranberry juice – this juice is okay because it's a natural red  
Grape Juice  
Kool-Aid any flavor but **NO RED**  
Crystal Light any flavor but **NO RED**

#### **On the day of the Colonoscopy:**

**Nothing to eat or drink other than colon prep and a sip of water with morning medications.**

#### **Exceptions:**

**If the patient has constipation, then diet instructions may be adjusted by physician**