



Department of Gastroenterology  
484 Golden Autumn Way Suite 201  
Bowling Green, KY 42103  
Phone: (270) 781-5111 Fax: (270) 780-0475  
[www.gravesgilbert.com/departments/gastroenterology](http://www.gravesgilbert.com/departments/gastroenterology)

## Instructions for Your Gastric Emptying Study

### Getting Prepared

If you need to cancel or reschedule your test, please call (270) 781-5111 as soon as possible.

### Read the below instructions as soon as possible

If you are pregnant, breastfeeding or have any other questions, please contact Graves Gilbert Clinic Nuclear Medicine at 270-393-2701 to speak to a technologist.

Patients whom have special dietary needs such as, (egg allergies, gluten intolerance, strict vegans, etc.) need to contact Graves Gilbert Clinic Nuclear Medicine at 270-393-2701 to speak to a technologist prior to their test. The normal meal ingested for this is: 2 eggs, 1 piece of white toast and water.

### Medications

Don't take any of these medications 2 DAYS PRIOR to your procedure:

- |                           |             |
|---------------------------|-------------|
| ● Metoclopramide (Reglan) | ● Oxycontin |
| ● Egaserod (Zelnorm)      | ● Percodan  |
| ● Erythromycin            | ● Percocet  |
| ● Domperidone (motilium)  | ● Bentyl    |
| ● Demerol                 | ● Donnatal  |
| ● Codeine                 | ● Levsin    |
| ● Morphine                | ● Robinul   |

### Day Before Your Test

FASTING AFTER MIDNIGHT/NPO. You may have **NOTHING** to eat or drink **after midnight** the night before, including water.

### On the Day of Your Test

DO NOT eat or drink anything including water prior to your test.

- Please bring a list of all medications that you take with the dosages and allergies with you.
- If you have diabetes, please check your glucose and record the measurement of the tech.
- The test is 4 hours long. Please bring something to keep you occupied for the duration of the test.



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**Location**

Graves Gilbert Clinic/Main Clinic at 201 Park Street 3<sup>rd</sup> Floor Bowling Green, KY 42101

● Check-in date: \_\_\_\_\_

● Check-in time: \_\_\_\_\_

**Physician:**  Dr. Avinash Aravantagi  Dr. Cory Fielding  Dr. Donald Rauh  Dr. Ashish Tiwari