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FIBROSCAN

You have been scheduled for a FibroScan. Please read the guidelines below carefully so you are prepared for your upcoming scan.

How should I prepare for my FibroScan?

- It is important to have your FibroScan examination on an empty stomach. **DO NOT** eat anything after 12 midnight prior to your examination.
- Wear comfortable clothes that will allow your healthcare provider to expose the right side of your rib cage.
- It is important to tell your healthcare provider if you are pregnant or if you have any Active implantable electronic devices, such as:
 - Pacemakers
 - Defibrillators
 - Pumps

FibroScan should not be used if you are pregnant or have implantable electronic devices.

What is FibroScan?

Examination with FibroScan, also called transient elastography, is a non-invasive way to measure the stiffness of your liver. FibroScan works by emitting a small pulse of energy, which may feel like a slight vibration on your skin. FibroScan calculates the speed of this energy to give healthcare provider an immediate measure of the stiffness of your liver. This stiffness measure can be important part of understanding your overall liver health.

Is it painful?

NO, the FibroScan examination is painless, quick and easy. During measurement, you feel a slight vibration on the skin at the top of the probe.

We look forward to seeing you at your next visit.

Sincerely,

Graves Gilbert Clinic Department of Gastroenterology