



Sha

Department of Gastroenterology
484 Golden Autumn Way Suite 201
Bowling Green, KY 42103
Phone: (270) 781-5111 Fax: (270) 780-0475
www.gravesgilbert.com/departments/gastroenterology

Instructions for Your Esophageal Manometry Procedure

If you need to cancel or reschedule your test, please call (270) 781-5111 as soon as possible.

Preparation

Do not eat any solid food for 6 hours prior to the procedure. It is ok to continue to drink clear liquids up to 4 hours before procedure.

Please take all your regularly scheduled medications with a sip of water, unless otherwise specified by the ordering provider.

If you are also undergoing Ambulatory Reflux Monitoring with pH and Impedance, see separate instructions for the management of your acid suppressive medications.

During the Procedure

The procedure takes about an hour from start to finish. While seated in a chair or lying on the side, a thin soft tubing is gently passed through the nose. Upon swallowing, the tip of the tube enters the esophagus and the technician then quickly passes it down to the desired level. There is usually some slight gagging at this point, but it is easily controlled by following instructions. During the exam, the patient will be asked to swallow saline (called a wet swallow). Pressure recordings are made and the tubing is withdrawn.

After the Procedure

- Patients can resume regular activity and eating shortly after the exam.
- There are no serious problems associated with manometry. Slight gagging is normal during the exam and a temporary sore throat may be present afterward.
- Upon completion of the procedure, the data will be uploaded to a computer for analysis. You will have results within two weeks.
- If you have unusual pain or concerns after the procedure, contact our office at (270) 781-5111.

Location

Medical Center Bowling Green Endoscopy/270-745-1844

Check-in date: _____

Check-in time: _____