



Department of Gastroenterology
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CLEAR LIQUID DIET NO REDS OR PURPLES

TEA (HOT OR COLD)

COLAS-COKE, SPRITE, ETC., ANY FLAVOR

BOUILLON OR CLEAR BROTH

JELL-O PLAIN (NO FRUIT ADDED AND NO RED)

POPCICLES – NO RED

APPLE JUICE

GATORADE – NO RED

BLACK COFFEE – NO CREAMER ADDED (SUGAR IS OK, NO CREAM)

CRANBERRY JUICE – OK, IT IS A NATURAL RED

GRAPE JUICE – WHITE GRAPE JUICE ONLY

KOOLAID, ANY FLAVOR – NO RED

NO MILK OR MILK PRODUCTS

NO ORANGE, PINEAPPLE OR GRAPEFRUIT JUICE