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Instructions for Your Video Capsule Endoscopy Procedure

If you need to cancel or reschedule your procedure, please call (270) 467-8880 Ext. 4761 as soon as possible.

Purchase the following at the drug or grocery store:

Your prescription for **Magnesium citrate and metoclopramide 10mg** has been sent to your pharmacy

5 Days Before the Day of Procedure Date _____

Stop taking any iron supplements or vitamins containing iron.

1 Day Before the Day of Procedure Date _____

You may eat a normal breakfast **NO lunch**. No solid food after 8am. You may continue to have clear liquids until 10 pm. (water, coffee/tea, ginger ale, iced tea, etc. **NO REDS OR PURPLES in any of the clear liquids**)

At 5:00 pm drink all of the Magnesium Citrate. Nothing by mouth after 10 pm.

Day of Your Procedure

Wear a light cotton shirt (e.g. a T-shirt). The sensor belt will be placed over your clothing. No perfumes, colognes and powders.

TAKE METOCLOPRAMIDE 10MG AT 7:45 AM ON YOUR WAY TO PROCEDURE.

Take your medications with small sips of water before 5 am.

Do not take any medications prior to the procedure.

0-2 hours after swallowing capsule: Do not eat or drink.

2 hours after swallowing capsule: Clear liquids and any medications you need.

4 hours after swallowing capsule: Light snack, then back to clear liquids until end of test.

8 hours after swallowing capsule: Test complete, resume regular diet.

Be sure to return the recorder at the end of the procedure day. We do not need the capsule returned.

Location

Graves Gilbert Clinic Gastroenterology Department 270-467-8880 Ext. 4761

Check-in date: _____

Check-in time: _____



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Capsule Endoscopy Information

Endoscopy procedure

1. Fasting necessary prior to swallowing capsule
2. Capsule glides smoothly through digestive tract
3. Wireless recorder worn on a belt around waist receives signals transmitted by capsule through sensors placed on patient's body
4. Capsule naturally excreted

Capsule

Antenna
Battery
Lense
Lights

Advantages

- Painless
- No sedation
- Provides 3-D,color images of small intestines without surgery
- Allows doctors to make early, accurate diagnosis of problems so they can recommend most appropriate treatment

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□ Dr. Avinash Aravantagi □ Dr. Cory Fielding □ Dr. Donald Rauh □ Dr. Ashish Tiwari

Description of Test:

- A sensor belt is place around your waist for 8 hours and a data recorder will record the images.
- You will need to wear the equipment for 8 hours. **Do not** remove the sensor belt or data recorder at Any time during the test. The equipment is removed when you return as directed.
- After ingesting the capsule – and until it is excreted – you should avoid being near any source of any Powerful electromagnetic field, such as one created near an MRI or portable radios.
- **Do Not** disconnect the equipment or remove the belt at any time during this period.
- **Do Not** bend at the waist or stoop during the test. No strenuous physical activity.
- If you experience any nausea, vomiting or abdominal pain during the test contact the office.
- The capsule is disposable and will be excreted naturally in your bowel movement.
- Should the capsule not be viewed in the large bowel by the end of the study. You may be asked to Have an abdominal X-ray to ensure the capsule has passed.
- Results will be available in 14 days.

8 Hours

