



Shannon Atkinson, NP
Baylee Knox, NP
Mary Kovar, NP
Rachel Marklin, PAC
Ashley Towe, NP

Department of Gastroenterology
484 Golden Autumn Way Suite 201
Bowling Green, KY 42103
Phone: (270) 781-5111 Fax: (270) 780-0475
www.gravesgilbert.com/departments/gastroenterology

Avinash Aravantagi, M.D.
Cory Fielding, M.D.
Donald Rauh, M.D.
Ashish Tiwari, M.D.

CLEAR LIQUID DIET NO REDS OR PURPLES

TEA (HOT OR COLD)

COLAS-COKE, SPRITE, ETC., ANY FLAVOR

BOUILLON OR CLEAR BROTH

JELL-O PLAIN (NO FRUIT ADDED AND NO RED)

POPSICLES – NO RED

APPLE JUICE

GATORADE – NO RED

BLACK COFFEE – NO CREAMER ADDED (SUGAR IS OK, NO CREAM)

CRANBERRY JUICE – OK, IT IS A NATURAL RED

GRAPE JUICE – WHITE GRAPE JUICE ONLY

KOOLAID, ANY FLAVOR – NO RED

NO MILK OR MILK PRODUCTS

NO ORANGE, PINEAPPLE OR GRAPEFRUIT JUICE