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Instructions for Endoscopic Ultrasound (EUS)

Getting Prepared

If you need to cancel or reschedule your test, please call (270) 781-5111 as soon as possible.

Medications

If you take any of the following anticoagulants, please ask the prescribing Physician, Primary Care Physician (PCP) or Cardiologist, if and when they should be held prior to your test:

- Plavix (clopidogrel)
- Eliquis
- Pradaxa
- Heparin
- Xarelto
- Effient
- Lovenox (enoxaparin)
- Coumadin (warfarin)
- Brilinta
- Other blood thinners

Don't take blood thinners such as Coumadin or Plavix five days prior to your procedure.

UNLESS SPECIFICALLY INSTRUCTED OTHERWISE BY YOUR PHYSICIAN, KEEP TAKING ALL OF YOUR REGULARLY PRESCRIBED MEDICATIONS.

On the Day of Your Procedure

- Do not eat or drink anything after midnight the night before your procedure.
- An adult, at 18 years of age or older, must bring you to the procedure, **remain at the facility, and take you home after the procedure.** You will be too drowsy to drive yourself home safely. Calling a taxi is not considered an appropriate or safe form of transportation home. You should expect to remain at the hospital 1 to 2 hours after the procedure.
- If you are a female of child-bearing age, documentation of a urine pregnancy test will be done prior to your procedure in case fluoroscopy (a type of X-ray) is needed. Your procedure cannot begin until the urine sample has been obtained. You may need to provide a urine sample shortly after you arrive in the pre-op area. Please do not empty your bladder before coming to day of surgery. If you have had a previous tubal ligation or hysterectomy, this will not be necessary.
- Before the procedure, an intravenous line (IV) will be placed to administer medications.



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During the Procedure

- The test usually takes 45 minutes to 1 hour.
- A tiny piece of tissue biopsy is frequently taken for microscopic examination. You will not feel any pain when the biopsy is taken. If the biopsies are taken, please allow 10 to 14 business days for those results to be available.

Following the Procedure

- You will be drowsy from the medication for 1 to 2 hours.
- You may experience a mild sore throat which lasts 1 to 2 days.
- You may resume your regular diet when you return home.
- For the remainder of the day after your procedure, we recommend that you DO NOT DRIVE A CAR or operate any potentially dangerous machinery. However, you may resume your daily activities.

Location

Medical Center Bowling Green/Endoscopy

• Check-in date: _____ • Check-in time: _____

Physician: Dr. Donald Rauh

- Please bring a list of all medications that you take with the dosage listed.
- Take your prescribed medicines with one sip of water **but not food** on the morning of your procedure.
- DO NOT eat or drink anything including water prior to your procedure.

Your driver must check in with you and remain in the hospital. You will be groggy and not able to drive until the Next day. If you do not have a driver, your procedure will be cancelled.

We ask that your ride be available **in the hospital**, you may ask your nurse about the timing.

APPOINTMENTS • PREP QUESTIONS

270-781-5111