

SUPREP Bowel Prep Instructions

You will need to arrive at:
The Medical Center, GSC 1st Floor, Greenview Hospital

Date: _____ Doctor: _____

Arrival Time: _____ Procedure Time: _____

PLEASE DO NOT EAT, DRINK, SMOKE, OR CHEW 3 HOURS PRIOR TO YOUR EXAM!!

*****PLEASE STOP ASPIRIN, IRON, OR BLOOD THINNERS 5 DAYS BEFORE!*****

Someone must be with you to drive you home the day of your procedure.

First Dose: Begin Step 1 at _____ PM on the evening before your procedure and proceed as shown below.



Pour **ONE** (1) 6-ounce bottle of SUPREP liquid into the mixing container.



Add cool drinking water to the 16-ounce line on the container and mix.

NOTE: Be sure to dilute SUPREP as shown at the right before you drink it.



Drink **ALL** the liquid in the container.



You **must** drink two (2) more 16-ounce containers of water over the next 1 hour.

NOTE: You **must** finish drinking the final glass of water at least 2 hours, or as directed, before your procedure.



Second Dose: Begin Step 1 at _____ AM in the morning of your procedure and proceed as shown above.