

YOUR ALLERGY APPOINTMENT IS SCHEDULED:

NEW LOCATION!!!!!!!!!!!!!!

Family Care Center
2724 Nashville Rd
Bowling Green KY 42101

Glasgow Campus-Dr. Bale's Office
1330 North Race St
Glasgow KY 42141

Phone 270-780-0560

Fax 270-780-0467

P. MERCER, M.D. T. STERNBERG, M.D. J. PARKERSON, D.O. K. GARDNER, M. D.

PATIENT: _____ APPT DATE: _____ ARRIVAL TIME: _____

Certain medications interfere with allergy skin testing making the tests negative. If taking these medications, you may not be able to be skin tested at your scheduled appointment.

The following list of medications is not all inclusive. All medications used for allergies, colds, and sinus symptoms and/or flu will likely impair the testing. If you have questions regarding your specific medications, do not hesitate to contact our office.

7 DAYS PRIOR TO APPOINTMENT STOP THE FOLLOWING MEDICATIONS:

1. NERVE MEDICATION (MUST BE CONFIRMED BY OUR OFFICE)
2. PAIN MEDICATIONS-Regular Tylenol, Acetaminophen, Ibuprofen, and Aleve are ok.
3. MUSCLE RELAXERS
4. MEDICATIONS LISTED BELOW:

ALLEGRA (Fexofenadine)	ALLEGRA D (Fexofenadine D)	ATARAX (Hydroxyzine)	ASTELIN (AZELASTINE)
ASTEPRO (Azelastine)	CLARITIN (Loratadine)	CLARITIN D (Loratadine D)	XYZAL (Levocetirizine)
CLARINEX (Desloratadine)	DYMISTA	ELESTAT (Epinastine)	
OPTIVAR (Azelastine)	PATADAY (Olopatadine)	PATANASE (Olopatadine)	PATANOL (Olopatadine)
PAZEO (Olopatadine)	ZADITOR (Ketotifen)	ZYRTEC (Cetirizine)	ZYRTEC D (Cetirizine))

5. CERTAIN ANTI-ITCH/ANTI-DEPRESSANTS- ELAVIL, DOXEPIN, SINEQUAN, AMITRIPTYLINE
6. COUGH MED CONTAINING CODIENE OR HYDROCODONE

3 DAYS PRIOR TO APPOINTMENT STOP FOLLOWING MEDICATIONS:

1. **ALL ANTIHISTAMINES** (PRESCRIPTION AND OVER THE COUNTER): Any medication used to treat allergies, cold, flu, and sinus issues.
2. MEDICATIONS LISTED BELOW:

EXCEDRIN PM/ TYLENOL PM-ANY OTC SLEEP AID	Brompheniramine	
DRAMAMINE (Dimenhydranate)	ANTIVERT (Meclizine)	Chlorpheniramine
TAGAMENT (Cimetidine)	AXID (Nizatadine)	
PEPCID (Famotidine)	ZANTAC (Ranitidine)	
BENADRYL (Diphenhydramine)		

ON THE DAY OF YOUR APPOINTMENT:

1. EAT AND DRINK NORMALLY.
2. BRING ALL MEDICATIONS WITH YOU.
3. YOU SHOULD NOT BE SUNBURNED ON YOUR BACK OR ARMS.
4. IF YOUR HAIR IS SHOULDER LENGTH OR LONGER, WEAR IT UP.
5. Females should not wear a sports bra. A regular bra **may** be able to be left on during testing where sports bras cover too much of the back.
6. **CONTINUE OTHER MEDICATIONS SUCH AS HEART, CHOLESTEROL, HORMONES, BLOOD PRESSURE, AND BREATHING MEDICATIONS INCLUDING ANY INHALERS.**

PLEASE CHECK WITH YOUR INSURANCE PRIOR TO YOUR APPOINTMENT. IF YOU HAVE A **DEDUCTIBLE**, ALLERGY SKIN TESTING AND THE CONSULTATION VISIT MAY APPLY TO YOUR DEDUCTIBLE. SKIN TESTING COST DEPENDS ON THE NUMBER OF TESTS COMPLETED. THE **APPROXIMATE** COST OF YOUR INITIAL VISIT WILL RANGE FROM \$250 TO \$700. YOU SHOULD CONTACT YOUR INSURANCE TO CONFIRM YOUR INSURANCE PAYS FOR ALLERGY TESTING AND/OR WHAT CO-INSURANCE/CO-PAYMENT/DEDUCTIBLE WILL BE.

IN ORDER TO AVOID CHARGES THAT MAY BE APPLIED TO YOUR ACCOUNT, PLEASE CALL TO CANCEL ANY APPOINTMENTS YOU DO NOT INTEND TO KEEP.

YOUR INITIAL VISIT WILL TAKE APPROXIMATELY 2-3 HOURS, PLEASE PLAN ACCORDINGLY.

IF YOU HAVE ADDITIONAL QUESTIONS REGARDING YOUR SKIN TESTING APPOINTMENT, FEEL FREE TO CALL OUR OFFICE.

THANK YOU